

## Powered by Avera Sports

# Watertown Area Advanced Offensive Skill Workouts

5th-7th Grade Boys/Girls

**Location:** Great Plains Lutheran HS Gym

1200 Luther Lane NE, Watertown, SD 57201

**Cost:** \$119 Payment is collected online at time of registration.

#### Athletes will receive a Warwick Workout T-shirt & Hoodie

Weekly Workouts are the foundation to be coming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

| Thursday, April 2nd  | 6:00-7:20 |
|----------------------|-----------|
| Thursday, April 9th  | 6:00-7:20 |
| Thursday, April 16th | 6:00-7:20 |
| Thursday, April 23rd | 6:00-7:20 |
| Thursday, April 30th | 6:00-7:20 |

### Please bring your own basketball to workouts.

Basketball will not be provided at workouts

## Register online at

#### www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick or Cody Schilling with questions about workouts Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or (712)461-2316 Cody

## WHERE CHAMPIONS TRAIN.